



HAPPY FOLKS

DRINK • EAT • PLAY



GET IN TOUCH ABOUT **FRANCHISE OPPORTUNITIES:**
FRANCHISE@WESTCOASTGROUP.CO.ZA

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Crispy Chicken Tenders



Pork Spring Rolls



Zucchini Fries [V]



Rice Paper Rolls



Pulled Pork Nachos



Sautéed Prawns



STARTERS

CHILLI CHEESE FRIES [V] 60
Smothered in cheese sauce and chilli

CHEESE CROQUETTES [V] 66
Deep-fried, filled with cheese, and served with sriracha mayo

ZUCCHINI FRIES [V] 70
Deep-fried zucchini strips, coated in panko crumbs, and served with sriracha mayo

TUNA BITES 72
Crispy rice paper topped with tuna, avocado and sriracha mayo, drizzled with a sweet soy sauce

CRISPY CHICKEN TENDERS 80
Peri-peri chicken served with a blue cheese dressing

RICE PAPER ROLLS 80
Prawn, avocado, cucumber, carrot, red onion, and lettuce, wrapped in rice paper, and served with a sweet soy sauce

LAMB CROQUETTES 82
Slow-cooked lamb and mozzarella balls, coated in panko crumbs, deep-fried, and served with sriracha mayo

PORK SPRING ROLLS 82
Deep-fried pulled pork spring rolls served with a sweet chilli sauce

SAUTÉED PRAWNS 92
Tossed in chilli, garlic, and lemon butter

BEEF TRINCHADO 86
Beef strips served in a garlic and peri-peri sauce

NACHOS

PLAIN [V] 109
Nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa

GRILLED CHICKEN 130
Grilled chicken, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa

BEEF 134
Beef, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa

PULLED PORK 138
Pulled pork, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa



Smoked Salmon Trout Salad



Pulled Pork Wrap



Happy Poké Bowl

SALADS

COBB

Mixed greens, grilled chicken, tomatoes, corn, red onions, avocado, red pepper, and blue cheese dressing

134

BIRDIE GREEN

Mixed greens, grilled chicken, bacon, crispy onions, feta, cucumber, tomatoes, red onions, and honey mustard dressing

136

SMOKED SALMON TROUT

Smoked salmon trout, edamame beans, butter beans, broccoli, chilli and avocado, sprinkled with sesame seeds and drizzled with teriyaki sauce

156

BOWLS

TUNA POKÉ BOWL

Tuna, edamame beans, ginger, avocado, radish, cucumber, sesame seeds, nori, spring onion, caviar, seven spice and rice, served with sriracha mayo and a sweet soy sauce

144

TEMPURA PRAWN POKÉ BOWL

Tempura prawn meat coated in sriracha mayo, edamame beans, ginger, avocado, cucumber, sesame seeds, nori, spring onion, seven spice and rice, served with a sweet soy sauce

156

HAPPY POKÉ BOWL

Salmon, tuna, bean curd, prawn, avocado, cucumber, sesame seeds, seven spice and rice, served with sriracha mayo and a sweet soy sauce

162

WRAPS

SERVED WITH CHIPS OR SALAD

SPICY CHICKEN CAESAR

Fried chicken, bacon, croutons, cheese, lettuce and spicy mayo, in a wholewheat wrap

110

PULLED PORK

BBQ pulled pork, caramelised onions, feta, cherry tomatoes, avocado, lettuce and mayo, in a wholewheat wrap

110

STEAK & AVO

Steak strips, rocket, avocado, cherry tomatoes, red pepper, caramelised onions, lettuce and sweet mayo, in a wholewheat wrap

119



**Vegetarian
Ginger Roll [V]**

**Spicy Tuna &
Avocado Roll**

**Full House
Platter**

**Bean Curd
Nigiri [V]**

**Salmon
Hand Roll**

SUSHI

CLASSIC

VEGETARIAN GINGER ROLL (4) [V]

Inside-out roll with pickled ginger, bean curd, cucumber, avocado, and red pepper

BEAN CURD NIGIRI (3) [V]

Deep-fried tofu, filled with rice and topped with Japanese mayo and sesame seeds

SPICY TUNA & AVOCADO ROLL (4)

Inside-out roll with spicy tuna and avocado, topped with sesame seeds

PRAWN & AVOCADO ROLL (4)

Inside-out roll with prawn and avocado, topped with sesame seeds

PHILADELPHIA ROLL (4)

Inside-out roll with salmon, cream cheese, and cucumber, topped with sesame seeds

HAND ROLL

Seaweed cone filled with rice, cucumber, avocado, and either prawn or salmon, topped with Japanese mayo and sesame seeds

50

50

64

64

68

70

FASHION SANDWICHES (4)

Rice sandwiches with layers of avocado and Japanese mayo, available with either prawn or salmon filling

SALMON ROSES (3)

Salmon-wrapped rice and avocado, garnished with Japanese mayo and caviar

PLATTERS

ROYAL FLUSH

Teriyaki rainbow roll (3)
Happy roll (3)
Spicy tuna & avocado roll (4)
Salmon roses (3)
Crunch roll (3)

FULL HOUSE

Salmon roses (3)
Prawn & avocado roll (4)
Rock shrimp tempura roll (3)
Philadelphia roll (4)
Fashion sandwiches (4)
Volcano roll (3)

80

86

270

368

Crunch Roll



Happy Roll



Teriyaki Rainbow Roll



Fried Futomaki Roll



SIGNATURE SUSHI

SIGNATURE

5 PIECES / 10 PIECES

5 PIECES / 10 PIECES

TERIYAKI RAINBOW ROLL

76 / 152

VOLCANO ROLL

82 / 164

Salmon, avocado, and sushi rice, topped with salmon, Japanese mayo, sweet soy sauce, caviar, seven spice, and sesame oil

Deep-fried prawn, guacamole, cream cheese, salmon, caviar, sesame seeds, and a sweet mayo dressing

HAPPY ROLL

78 / 156

FRIED FUTOMAKI ROLL

82 / 164

Tempura prawn and avocado roll, topped with ebi prawns, sweet soy sauce, sriracha mayo, and tempura crunch

Deep-fried futomaki with salmon, tuna, avocado and cream cheese, topped with teriyaki and sriracha mayo, crispy glass noodles, seven spice, sesame oil, and spring onion

CRUNCH ROLL

78 / 156

ROCK SHRIMP TEMPURA

86 / 172

Tuna, cream cheese, seven spice, spring onion, and sweet chilli mayo

Spicy tuna roll, topped with a tempura prawn, sriracha mayo, spring onions, seven spice, and sesame seeds



Los Angeles



Spicy Chicken



Sweet Americano



Parma

PIZZA

PLAIN JANE [V]
Mozzarella, tomato

SPICY CHICKEN
Grilled chicken, onion, feta, peppers, peri-peri sauce, mozzarella

SWEET AMERICANO
Pepperoni, spicy honey, mozzarella

LOS ANGELES
Bacon, feta, avocado, mozzarella

THE ROOSTER
Chicken, bacon, mushrooms, red pepper, sweet chilli, mozzarella

108

148

148

150

150

THE OUTSKIRT
Pulled pork, bacon, caramelised onions, mushrooms, chilli, mozzarella

BIANCA [V]
Halloumi, black mushrooms, truffle oil, rocket, mozzarella

PARMA
Parma ham, tomatoes, basil pesto, mozzarella

156

156

176

Queen
Burger [V]



Porkies
Burger



Hot Chic
Burger



The
Brunch
Burger



BURGERS

SERVED WITH ANY SIDE & ONION RINGS

BEEF

HAPPY 114
Beef patty, pickles, onions, ketchup, smokey mayo

THE CHEESY 120
Beef patty, cheese, pickles, onions, ketchup, smokey mayo

SMOKEY JOE 132
Beef patty, cheese, caramelised onions, ketchup, smokey mayo

GREEN CHILLI 134
Beef patty, chilli relish, cheese, pickles, onions, ketchup, smokey mayo

PORKIES 140
Beef patty, bacon, cheese, pickles, onions, ketchup, smokey mayo

CHICKEN Option of BBQ-grilled or Southern-Fried

CHIC CHIC 102
Chicken breast, cheese, pickles, onions, ketchup, smokey mayo

HOT CHIC 120
Chicken breast, peri-peri, pickles, onions, ketchup, smokey mayo

TEX-MEX 126
Chicken breast, pickles, onions, guacamole, chipotle salsa, ketchup, smokey mayo

GREENS

THE PLANT [V] 126
Plant-based patty, pickles, onions, chipotle salsa

QUEEN [V] 138
Halloumi cheese, caramelised onions, sun-dried tomatoes, rocket, sweet chilli, ketchup, smokey mayo

SLIDERS TRIO 126

Happy, Chic Chic, Porkies

THE BIG STARS

SHROOMS 142
Beef patty, mushrooms, cheese, pickles, onions, ketchup, mushroom sauce, smokey mayo

THE BRUNCH 146
Beef patty, cheese, fried egg, bacon, fried onions, pickles, ketchup, smokey mayo

PESTO BESTO 148
Chicken breast, basil pesto, rocket, pickles, onions, sun-dried tomatoes, sweet chilli, ketchup, smokey mayo

TURF & TURF 144
Beef patty, pulled pork, caramelised onions, sriracha mayo

B.F.G 156
Beef patty, bacon, guacamole, feta, pickles, onions, ketchup, smokey mayo

PULLED PORKIES 162
Beef patty, pulled pork, bacon, cheese, pickles, onions, ketchup, smokey mayo



Peri-peri
Chicken Skewers



Lemon Butter
Prawns



Chicken
Bake



Surf & Turf
Trio

MAINS

ALL SERVED WITH YOUR CHOICE OF SIDE

FISH & CHIPS 128

200g grilled or deep-fried hake, served with tartar sauce

CHICKEN BAKE 128

Breaded chicken breast covered in mozzarella, tomato, and basil sauce

FRIED CALAMARI 250g 140

Deep-fried calamari strips in a savoury salt-and-pepper crust, served with tartar sauce

PERI-PERI CHICKEN SKEWERS 300g 144

Three chicken skewers marinated in a spicy peri-peri sauce with sun-dried tomatoes, served with onion rings

LEMON BUTTER PRAWNS 190

8 butterflied prawns, grilled in a lemon butter sauce

PRAWN CURRY 180

Prawn meat and vegetables in a coconut curry sauce, served with sticky rice

PORK RIBS 600g 260

Grilled pork ribs, basted in BBQ sauce, served with onion rings

SALMON TERIYAKI 250g 276

An expertly seared salmon steak, drizzled with teriyaki sauce and sesame seeds

COMBOS

ALL SERVED WITH YOUR CHOICE OF SIDE

HAKE & CALAMARI 184

Fillet of hake and deep-fried calamari, served with tartar sauce

SIRLOIN & CALAMARI 236

250g sirloin steak basted in BBQ sauce, and deep-fried calamari, served with onion rings and tartar sauce

PRAWNS & CALAMARI 240

8 medium grilled prawns and deep-fried calamari, served with tartar sauce and lemon butter

SURF & TURF TRIO 282

250g sirloin steak basted in BBQ sauce, 4 prawns and deep-fried calamari, served with onion rings and tartar sauce

Royale Steak 250g



Pepper Steak 300g



Shrimp & Steak 250g



STEAKS

ALL SERVED WITH YOUR CHOICE OF SIDE

SIRLOIN STEAK 250g	172
RUMP STEAK 300g	190
FILLET STEAK 250g	246
RIBEYE STEAK 350g	252

SPECIALTY STEAKS

ROYALE STEAK 250g Sirloin steak basted in BBQ sauce, topped with a slice of cheese and mushroom sauce, served with onion rings	194
SHRIMP & STEAK 250g Sirloin steak basted in BBQ sauce, topped with cheesy garlic shrimp, served with onion rings	198
PEPPER STEAK 300g Rump steak coated in crushed black pepper, flambéed in brandy, served with onion rings	198

SAUCES

GRAVY DIP	25
CHEESE [V]	27
PEPPER [V]	27
MUSHROOM [V]	27

SIDES

CHIPS [V]	31
SWEET POTATO CHIPS [V]	33
ONION RINGS [V]	33
CRISPY SMASHED POTATOES [V]	35
VEGETABLES [V]	39
GREEN SALAD [V]	39

Baked Lemon Cheesecake



Deep-fried Oreos



Choc Brownies



Malva Pudding



Hot Mud Pudding



DESSERTS

DEEP-FRIED OREOS

Served with ice cream and chocolate sauce

70

BAKED LEMON CHEESECAKE

Served with ice cream

70

CHOC BROWNIES

Chocolate, nutty fudge brownie, served with ice cream

70

HOT MUD PUDDING

A rich moist chocolate pudding, steam baked to perfection, covered with chocolate sauce and served with ice cream

70

MALVA PUDDING

A moist apricot sponge cake, drizzled with vanilla sauce and served with ice cream

70

ASK YOUR WAITER FOR OUR KIDDIES MENU

Food presentation may differ from photographs.

Fish may contain bones and all weights are approximate, uncooked weights. Prices include VAT. No service charge is added to the bill except a discretionary charge of 10% for tables of 8 or more. We charge corkage. Ask your waiter for more information.

Foods may contain traces of sesame seeds or nuts. [V] = Vegetarian.

WINE

WHITE

	GLASS / BOTTLE
FAT FISH SAUVIGNON BLANC	52 / 156
ZONNEBLOEM BLANC DE BLANC	54 / 162
VERSUS PENGVINO SWEET SENSATION	162
KWV SAUVIGNON BLANC	63 / 189
KWV CHENIN BLANC	63 / 189
VAN LOVEREN CHARDONNAY	189
LABORIE CHARDONNAY	63 / 189
SPIER SAUVIGNON BLANC	65 / 195
DURBANVILLE HILLS SAUVIGNON BLANC	65 / 195
DURBANVILLE HILLS CHARDONNAY	65 / 195
L'AVENIR CHENIN BLANC	208
LE BONHEUR SAUVIGNON BLANC	75 / 225
CHRISTIENA SAUVIGNON BLANC	370

PINK

VERSUS PENGVINO SWEET SENSATION	162
VAN LOVEREN CHARDONNAY PINOT NOIR	63 / 189
SPIER CHARDONNAY PINOT NOIR	65 / 195
L'AVENIR HORIZON ROSÉ DE PINOTAGE	70 / 210

GLASS / BOTTLE

RED

FAT FISH PINOTAGE	52 / 156
VERSUS PENGVINO SWEET SENSATION	162
NEDERBURG CABERNET SAUVIGNON	59 / 177
KWV MERLOT	72 / 216
VAN LOVEREN AFRICAN JAVA PINOTAGE	65 / 195
SPIER RED BLEND	216
SPIER MERLOT	70 / 210
LE BONHEUR MERLOT	81 / 243
ROODEBERG RED BLEND	82 / 246
ZONNEBLOEM SHIRAZ	247
CHRISTIENA CABERNET SAUVIGNON	495
KWV THE MENTORS PINOTAGE	600

BUBBLES

ANNABELLE CUVÉE ROSÉ	45 / 206
DURBANVILLE HILLS SAUVIGNON BLANC	47 / 236
MARTINI PROSECCO	440
PONGRÁČZ BRUT	390

L'Avenir Chenin Blanc
208



L'Avenir Horizon
Rosé de Pinotage
70 / 210



Le Bonheur Merlot
81 / 243



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COCKTAILS

CLASSIC COCKTAILS

MOJITO	75
PIÑA COLADA	77
STRAWBERRY DAIQUIRI	80
MARGARITA (FROZEN OR SHAKEN)	84

BOMBAY SAPPHIRE FLAVOURED GIN & TONICS

	Single / Double
CUCUMBER & ROSEMARY	74 / 90
ROSE & GRAPEFRUIT	74 / 90
MANGO & PASSION FRUIT	74 / 90



Mojito

Cucumber & Rosemary
Flavoured Gin & Tonic

Strawberry Daiquiri

COCKTAILS

HAPPY FOLKS SIGNATURE COCKTAILS

LONG ISLAND

Bacardi Carta Blanca rum, Bombay Sapphire gin, Patrón tequila, vodka with triple sec and freshly squeezed lemon. Served tall and charged with Coca-Cola

WATERMELON GIN BULL

Fresh lime, Bombay Sapphire gin and Red Bull Red Edition: Watermelon

MARTINI FIERO & TONIC

MAI TAI CORONITA

Pineapple and orange juice, mango extracts and grenadine

APEROL SPRITZ

Martini Prosecco and Aperol, charged with soda water

86

97

76

110

98

CORONA SUNRISE

Made right in the Corona bottle with tequila, orange juice, grenadine and lime juice

HAPPY COSMO

Grey Goose vodka shaken with triple sec, lime and cranberry juice, garnished with a citrus twist

WHISKY SOUR

Dewar's 12 Year Old, shaken over ice with lime juice, garnished with bitters

HAKUNA MATATA

Pineapple juice, coconut syrup, Bacardi Spiced Rum, shaken over ice and garnished with mixed berry syrup

MOSCOW MULE

Vodka, a spicy Stoney Ginger Beer and lime juice, garnished with a lime wedge

74

71

76

77

89



BEERS

DRAUGHTS

500ml

HAPPY LAGER	45
CBC AMBER WEISS	55
CBC RASPBERRY KRISTAL WEISS	57
CBC PALE ALE	57
BLACK LABEL	45
CASTLE LITE	53
CASTLE LAGER	48
LEFFE	69
STELLA ARTOIS	57
GUINNESS	63
WINDHOEK LAGER	45
HEINEKEN	55

BOTTLED

BUDWEISER	40
CORONA	48
CASTLE FREE Non-alcoholic	33



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CIDERS

SAVANNA DRY	45
SAVANNA LIGHT	45
SAVANNA ANGRY LEMON	45
SAVANNA 0.0 Non-alcoholic	45
HUNTER'S DRY	41
HUNTER'S GOLD	41
REKORDERLIG 330ml Strawberry-Lime / Mango-Raspberry	60

SPIRIT COOLERS

FLYING FISH LEMON	42
SMIRNOFF STORM	42
BRUTAL FRUIT RUBY APPLE	42



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SPIRITS & LIQUEURS

GIN

BOMBAY BRAMBLE	33
BOMBAY SAPPHIRE	33
CRUXLAND KALAHARI TRUFFLES	36

TEQUILA

CAZADORES BLANCO	35
CAZADORES REPOSADO	40
PATRÓN SILVER	50
PATRÓN REPOSADO	60

DIGESTIF

JÄGERMEISTER	35
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VODKA

CRUZ	33
GREY GOOSE	56

APERITIF

MARTINI FIERO	26
APEROL	26

LIQUEUR

AMARULA	33
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BRANDY

KWV 3 YEAR OLD	27
KWV 5 YEAR OLD	29
KLIPDRIFT PREMIUM	31
KWV 10 YEAR OLD	35

WHISKY

DEWAR'S 12 YEAR OLD	35
DEWAR'S 15 YEAR OLD	49
WILLIAM LAWSON'S	32
BAIN'S	32
JACK DANIEL'S	37
JAMESON	40
TEELING SMALL BATCH	38
AULTMORE 12 YEAR OLD	77

COGNAC

D'USSÉ	78
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RUM

BACARDI SPICED	28
BACARDI CARTA BLANCA	28
BACARDI 4 AÑEJO	39



Dewar's 12 Year Old

Teeling Small Batch Whiskey

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SOFT DRINKS

MIXERS 200ml	27
COCA-COLA / COCA-COLA ZERO SUGAR / SODA WATER LEMONADE / TONIC WATER / DRY LEMON / GINGER ALE / TONIC	
CANS 300ml	30
COCA-COLA / COCA-COLA ZERO SUGAR / FANTA ORANGE CREAM SODA / SPRITE	
BOS ICE TEA	35
PEACH / LEMON	
TISERS	39
APPLETISER / GRAPETISER	
WATER 500ml	28
MINERAL WATER STILL / SPARKLING	
RED BULL ENERGY DRINKS	41
REGULAR / SUGARFREE / WATERMELON	
MILKSHAKES	52
STRAWBERRY & MARSHMALLOW / COOKIES & CREAM / LIME	
DOM PEDROS & IRISH COFFEES	Single / Double
PEPPERMINT / AMARULA / KWV 5 YEAR OLD / JAMESON	60 / 80

Strawberry
& Marshmallow
Milkshake



Cookies & Cream
Milkshake



Lime Milkshake



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HAPPY FOLKS

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BLOUBERG

BLOUBERG@HAPPYFOLKS.CO.ZA | 021 554 9709

Shop 57C, Eden on the Bay, Cnr Big Bay Boulevard, Big Bay, Cape Town, 8001.

STELLENBOSCH

STELLENBOSCH@HAPPYFOLKS.CO.ZA

Paradyskloof Centre, Corner R44 & Blaauwklippen Rd, Stellenbosch, Cape Town, 7600.

KLOOF STREET

COMING SOON