



# HAPPY FOLKS

DRINK • EAT • PLAY



GET IN TOUCH ABOUT **FRANCHISE OPPORTUNITIES:**  
**FRANCHISE@WESTCOASTGROUP.CO.ZA**

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## STARTERS

<b>CHILLI CHEESE FRIES [V]</b> Smothered in cheese sauce and chilli	<b>62</b>
<b>CHEESE CROQUETTES [V]</b> Deep-fried, filled with cheese, and served with sriracha mayo	<b>68</b>
<b>ZUCCHINI FRIES [V]</b> Deep-fried zucchini strips, coated in panko crumbs, and served with sriracha mayo	<b>72</b>
<b>TUNA BITES</b> Crispy rice paper topped with tuna, avocado and sriracha mayo, drizzled with a sweet soy sauce	<b>74</b>
<b>CRISPY CHICKEN TENDERS</b> Peri-peri chicken served with a blue cheese dressing	<b>82</b>
<b>RICE PAPER ROLLS</b> Prawn, avocado, cucumber, carrot, red onion, and lettuce, wrapped in rice paper, and served with a sweet soy sauce	<b>82</b>
<b>LAMB CROQUETTES</b> Slow-cooked lamb and mozzarella balls, coated in panko crumbs, deep-fried, and served with sriracha mayo	<b>88</b>
<b>PORK SPRING ROLLS</b> Deep-fried pulled pork spring rolls served with a sweet chilli sauce	<b>84</b>

<b>SAUTÉED PRAWNS</b> Tossed in chilli, garlic, and lemon butter	<b>96</b>
<b>BEEF TRINCHADO</b> Beef strips served in a garlic and peri-peri sauce	<b>94</b>

## NACHOS

<b>PLAIN [V]</b> Nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa	<b>112</b>
<b>GRILLED CHICKEN</b> Grilled chicken, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa	<b>134</b>
<b>BEEF</b> Beef, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa	<b>138</b>
<b>PULLED PORK</b> Pulled pork, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa	<b>142</b>





Smoked Salmon  
Trout Salad



Pulled Pork Wrap



Happy Poké  
Bowl

## SALADS

### COBB

Mixed greens, grilled chicken, tomatoes, corn, red onions, avocado, red pepper, and blue cheese dressing

### BIRDIE GREEN

Mixed greens, grilled chicken, bacon, crispy onions, feta, cucumber, tomatoes, red onions, and honey mustard dressing

### SMOKED SALMON TROUT

Smoked salmon trout, edamame beans, butter beans, broccoli, chilli and avocado, sprinkled with sesame seeds and drizzled with teriyaki sauce

## BOWLS

### TUNA POKÉ BOWL

Tuna, edamame beans, ginger, avocado, radish, cucumber, sesame seeds, nori, spring onion, caviar, seven spice and rice, served with sriracha mayo and a sweet soy sauce

### TEMPURA PRAWN POKÉ BOWL

Tempura prawn meat coated in sriracha mayo, edamame beans, ginger, avocado, cucumber, sesame seeds, nori, spring onion, seven spice and rice, served with a sweet soy sauce

138

142

178

152

164

### HAPPY POKÉ BOWL

Salmon, tuna, bean curd, prawn, avocado, cucumber, sesame seeds, seven spice and rice, served with sriracha mayo and a sweet soy sauce

172

## WRAPS

### SERVED WITH CHIPS OR SALAD

### SPICY CHICKEN CAESAR

Fried chicken, bacon, croutons, cheese, lettuce and spicy mayo, in a wholewheat wrap

118

### PULLED PORK

BBQ pulled pork, caramelised onions, feta, cherry tomatoes, avocado, lettuce and mayo, in a wholewheat wrap

112

### STEAK & AVO

Steak strips, rocket, avocado, cherry tomatoes, red pepper, caramelised onions, lettuce and sweet mayo, in a wholewheat wrap

128





Vegetarian  
Ginger Roll [V]

Spicy Tuna &  
Avocado Roll

Full House  
Platter

Bean Curd  
Nigiri [V]

Salmon  
Hand Roll

# SUSHI

## CLASSIC

### VEGETARIAN GINGER ROLL (4) [V]

Inside-out roll with pickled ginger, bean curd, cucumber, avocado, and red pepper

### BEAN CURD NIGIRI (3) [V]

Deep-fried tofu, filled with rice and topped with Japanese mayo and sesame seeds

### SPICY TUNA & AVOCADO ROLL (4)

Inside-out roll with spicy tuna and avocado, topped with sesame seeds

### PRAWN & AVOCADO ROLL (4)

Inside-out roll with prawn and avocado, topped with sesame seeds

### PHILADELPHIA ROLL (4)

Inside-out roll with salmon, cream cheese, and cucumber, topped with sesame seeds

### HAND ROLL

Seaweed cone filled with rice, cucumber, avocado, and either prawn or salmon, topped with Japanese mayo and sesame seeds

52

52

66

66

72

74

### FASHION SANDWICHES (4)

Rice sandwiches with layers of avocado and Japanese mayo, available with either prawn or salmon filling

### SALMON ROSES (3)

Salmon-wrapped rice and avocado, garnished with Japanese mayo and caviar

## PLATTERS

### ROYAL FLUSH

Teriyaki rainbow roll (3)  
Happy roll (3)  
Spicy tuna & avocado roll (4)  
Salmon roses (3)  
Crunch roll (3)

### FULL HOUSE

Salmon roses (3)  
Prawn & avocado roll (4)  
Rock shrimp tempura roll (3)  
Philadelphia roll (4)  
Fashion sandwiches (4)  
Volcano roll (3)

82

92

278

380





Crunch Roll

Happy Roll



Teriyaki  
Rainbow Roll



Fried  
Futomaki Roll

# SIGNATURE SUSHI

SIGNATURE

5 PIECES / 10 PIECES

5 PIECES / 10 PIECES

TERIYAKI RAINBOW ROLL

82 / 164

Salmon, avocado, and sushi rice, topped with salmon, Japanese mayo, sweet soy sauce, caviar, seven spice, and sesame oil

HAPPY ROLL

86 / 172

Tempura prawn and avocado roll, topped with ebi prawns, sweet soy sauce, sriracha mayo, and tempura crunch

CRUNCH ROLL

81 / 162

Tuna, cream cheese, seven spice, spring onion, and sweet chilli mayo

VOLCANO ROLL

85 / 170

Deep-fried prawn, guacamole, cream cheese, salmon, caviar, sesame seeds, and a sweet mayo dressing

FRIED FUTOMAKI ROLL

84 / 168

Deep-fried futomaki with salmon, tuna, avocado and cream cheese, topped with teriyaki and sriracha mayo, crispy glass noodles, seven spice, sesame oil, and spring onion

ROCK SHRIMP TEMPURA

96 / 192

Spicy tuna roll, topped with a tempura prawn, sriracha mayo, spring onions, seven spice, and sesame seeds





Los Angeles

Spicy Chicken

Sweet  
Americano

Parma

## PIZZA

### PLAIN JANE [V]

Mozzarella, tomato

### SPICY CHICKEN

Grilled chicken, onion, feta, peppers, peri-peri sauce, mozzarella

### SWEET AMERICANO

Pepperoni, spicy honey, mozzarella

### LOS ANGELES

Bacon, feta, avocado, mozzarella

### THE ROOSTER

Chicken, bacon, mushrooms, red pepper, sweet chilli, mozzarella

118

152

152

154

156

### THE OUTSKIRT

Pulled pork, bacon, caramelised onions, mushrooms, chilli, mozzarella

### BIANCA [V]

Halloumi, black mushrooms, truffle oil, rocket, mozzarella

### PARMA

Parma ham, tomatoes, basil pesto, mozzarella

164

162

182





Queen  
Burger [V]



Porkies  
Burger



Hot Chic  
Burger



The  
Brunch  
Burger

## BURGERS

SERVED WITH ANY SIDE & ONION RINGS

### BEEF

#### HAPPY 118

Beef patty, pickles, onions, ketchup, smokey mayo

#### THE CHEESY 124

Beef patty, cheese, pickles, onions, ketchup, smokey mayo

#### SMOKEY JOE 136

Beef patty, cheese, caramelised onions, ketchup, smokey mayo

#### GREEN CHILLI 138

Beef patty, chilli relish, cheese, pickles, onions, ketchup, smokey mayo

#### PORKIES 144

Beef patty, bacon, cheese, pickles, onions, ketchup, smokey mayo

### CHICKEN

Option of BBQ-grilled or Southern-Fried

#### CHIC CHIC 110

Chicken breast, cheese, pickles, onions, ketchup, smokey mayo

#### HOT CHIC 124

Chicken breast, peri-peri, pickles, onions, ketchup, smokey mayo

#### TEX-MEX 130

Chicken breast, pickles, onions, guacamole, chipotle salsa, ketchup, smokey mayo

### GREENS

#### THE PLANT [V] 132

Plant-based patty, pickles, onions, chipotle salsa

#### QUEEN [V] 142

Halloumi cheese, caramelised onions, sun-dried tomatoes, rocket, sweet chilli, ketchup, smokey mayo

### SLIDERS

#### TRIO 130

Happy, Chic Chic, Porkies

### THE BIG STARS

#### SHROOMS 146

Beef patty, mushrooms, cheese, pickles, onions, ketchup, mushroom sauce, smokey mayo

#### THE BRUNCH 150

Beef patty, cheese, fried egg, bacon, fried onions, pickles, ketchup, smokey mayo

#### PESTO BESTO 152

Chicken breast, basil pesto, rocket, pickles, onions, sun-dried tomatoes, sweet chilli, ketchup, smokey mayo

#### TURF & TURF 148

Beef patty, pulled pork, caramelised onions, sriracha mayo

#### B.F.G 162

Beef patty, bacon, guacamole, feta, pickles, onions, ketchup, smokey mayo

#### PULLED PORKIES 168

Beef patty, pulled pork, bacon, cheese, pickles, onions, ketchup, smokey mayo





Peri-peri  
Chicken Skewers



Lemon Butter  
Prawns



Chicken  
Bake



Surf & Turf  
Trio

## MAINS

### ALL SERVED WITH YOUR CHOICE OF SIDE

**FISH & CHIPS** 132  
200g grilled or deep-fried hake,  
served with tartar sauce

**CHICKEN BAKE** 132  
Breaded chicken breast covered in mozzarella,  
tomato, and basil sauce

**FRIED CALAMARI 250g** 146  
Deep-fried calamari strips in a savoury  
salt-and-pepper crust, served with tartar sauce

**PERI-PERI CHICKEN SKEWERS 300g** 148  
Three chicken skewers marinated in a spicy  
peri-peri sauce with sun-dried tomatoes,  
served with onion rings

**LEMON BUTTER PRAWNS** 196  
8 butterflied prawns, grilled in a lemon butter sauce

**PRAWN CURRY** 188  
Prawn meat and vegetables in a coconut curry  
sauce, served with sticky rice

**PORK RIBS 600g** 272  
Grilled pork ribs, basted in BBQ sauce,  
served with onion rings

**SALMON TERIYAKI 250g** 284  
An expertly seared salmon steak, drizzled with  
teriyaki sauce and sesame seeds

## COMBOS

### ALL SERVED WITH YOUR CHOICE OF SIDE

**HAKE & CALAMARI** 190  
Fillet of hake and deep-fried calamari, served  
with tartar sauce

**SIRLOIN & CALAMARI** 242  
250g sirloin steak basted in BBQ sauce, and  
deep-fried calamari, served with onion rings and  
tartar sauce

**PRAWNS & CALAMARI** 254  
8 medium grilled prawns and deep-fried calamari,  
served with tartar sauce and lemon butter

**SURF & TURF TRIO** 298  
250g sirloin steak basted in BBQ sauce, 4 prawns  
and deep-fried calamari, served with onion rings  
and tartar sauce



Royale Steak 250g



Pepper Steak 300g



Shrimp & Steak 250g



# STEAKS

## ALL SERVED WITH YOUR CHOICE OF SIDE

SIRLOIN STEAK 250g	178
RUMP STEAK 300g	198
FILLET STEAK 250g	260
RIBEYE STEAK 350g	260

## SPECIALTY STEAKS

ROYALE STEAK 250g	208
Sirloin steak basted in BBQ sauce, topped with a slice of cheese and mushroom sauce, served with onion rings	
SHRIMP & STEAK 250g	218
Sirloin steak basted in BBQ sauce, topped with cheesy garlic shrimp, served with onion rings	
PEPPER STEAK 300g	228
Rump steak coated in crushed black pepper, flambéed in brandy, served with onion rings	

# SAUCES

GRAVY DIP	26
CHEESE [V]	28
PEPPER [V]	28
MUSHROOM [V]	28

# SIDES

CHIPS [V]	32
SWEET POTATO CHIPS [V]	34
ONION RINGS [V]	34
CRISPY SMASHED POTATOES [V]	36
VEGETABLES [V]	40
GREEN SALAD [V]	40



Baked Lemon Cheesecake



Deep-fried Oreos



Choc Brownies



Malva Pudding



Hot Mud Pudding



# DESSERTS

**DEEP-FRIED OREOS**  
Served with ice cream and chocolate sauce

**CHOC BROWNIES**  
Chocolate, nutty fudge brownie,  
served with ice cream

**MALVA PUDDING**  
A moist apricot sponge cake, drizzled with  
vanilla sauce and served with ice cream

72 **BAKED LEMON CHEESECAKE** 72  
Served with ice cream

72 **HOT MUD PUDDING** 72  
A rich moist chocolate pudding, steam baked to  
perfection, covered with chocolate sauce and  
served with ice cream

## ASK YOUR WAITER FOR OUR KIDDIES MENU

Food presentation may differ from photographs.  
Fish may contain bones and all weights are approximate, uncooked weights. Prices include VAT. No service charge is added to the bill except a discretionary charge of 10% for tables of 8 or more. We charge corkage. Ask your waiter for more information.  
Foods may contain traces of sesame seeds or nuts. [V] = Vegetarian.



# RED WINE & BUBBLES

## PINOTAGE

FAT FISH	55 / 165
VAN LOVEREN AFRICAN JAVA	69 / 207
KWV THE MENTORS	610

## MERLOT

SPIER	74 / 222
KWV CLASSIC	75 / 225
LE BONHEUR	85 / 255

## CABERNET SAUVIGNON

NEDERBURG	62 / 186
CHRISTIENA	510

## BLENDS

SPIER	222
ROODEBERG	86 / 258
NEDERBURG DOUBLE BARREL RESERVE	94 / 282

## GLASS / BOTTLE

## NATURAL SWEET (RED)

VERSUS PENGVINO SWEET SENSATION	170
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## SHIRAZ

LABORIE	69 / 207
ZONNEBLOEM	260

## PINOT NOIR

BOSMAN UPPER HEMEL-EN-AARDE	450
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## MALBEC

BLAAUWKLIPPEN	430
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## BUBBLES

ANNABELLE CUVÉE ROSÉ	48 / 220
DURBANVILLE HILLS SAUVIGNON BLANC	50 / 250
MARTINI PROSECCO	460
PONGRÁCZ BRUT	400
PONGRÁCZ ROSÉ	400



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# WHITE WINE & PINK

## SAUVIGNON BLANC

FAT FISH	55 / 165
KWV CLASSIC	66 / 198
VAN LOVEREN	65 / 195
SPIER	68 / 204
DURBANVILLE HILLS	69 / 207
LE BONHEUR	79 / 237
BOSMAN UPPER HEMEL-EN-AARDE	90 / 270
CREATION	320
CHRISTIENA	398

## CHARDONNAY

FAT FISH	55 / 165
LABORIE	66 / 198
SPIER	68 / 204
DURBANVILLE HILLS	69 / 207
VAN LOVEREN CALCRETE	226
BLAAUWKLIPPEN	380
CREATION	420

## SEMI SWEET

FAT FISH	55 / 165
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## GLASS / BOTTLE

## CHENIN BLANC

KWV CLASSIC	66 / 198
L'AVENIR	218
KWV THE MENTORS	380

## NATURAL SWEET (WHITE)

VERSUS PENGVINO SWEET SENSATION	170
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## WHITE BLENDS

ZONNEBLOEM BLANC DE BLANC	57 / 171
BOSMAN ADAM	355

## PINK

VERSUS PENGVINO SWEET SENSATION	170
L'AVENIR HORIZON ROSÉ DE PINOTAGE	76 / 228
LABORIE	74 / 222
NEDERBURG GRENACHE CARIGNAN ROSÉ	75 / 225
CREATION	285
VAN LOVEREN CHARDONNAY PINOT NOIR	66 / 198
SPIER CHARDONNAY PINOT NOIR	68 / 204



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# COCKTAILS

## CLASSIC COCKTAILS

MOJITO	78
PIÑA COLADA	84
STRAWBERRY DAIQUIRI	88
MARGARITA (FROZEN OR SHAKEN)	88

## BOMBAY SAPPHIRE FLAVOURED GIN & TONICS

	Single / Double
CUCUMBER & ROSEMARY	78 / 94
ROSE & GRAPEFRUIT	78 / 94
MANGO & PASSION FRUIT	78 / 94

Cucumber & Rosemary  
Flavoured Gin & Tonic

Strawberry Daiquiri

Mojito

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# COCKTAILS

## HAPPY FOLKS SIGNATURE COCKTAILS

<b>LONG ISLAND</b> Bacardi Carta Blanca rum, Bombay Sapphire gin, Patrón tequila, vodka with triple sec and freshly squeezed lemon. Served tall and charged with Coca-Cola	<b>95</b>	<b>CORONA SUNRISE</b> Made right in the Corona bottle with tequila, orange juice, grenadine and lime juice	<b>78</b>
<b>WATERMELON GIN BULL</b> Fresh lime, Bombay Sapphire gin and Red Bull Red Edition: Watermelon	<b>100</b>	<b>HAPPY COSMO</b> Grey Goose vodka shaken with triple sec, lime and cranberry juice, garnished with a citrus twist	<b>73</b>
<b>MARTINI FIERO &amp; TONIC</b>	<b>80</b>	<b>WHISKY SOUR</b> Dewar's 12 Year Old, shaken over ice with lime juice, garnished with bitters	<b>80</b>
<b>MAI TAI CORONITA</b> Pineapple and orange juice, mango extracts and grenadine	<b>115</b>	<b>HAKUNA MATATA</b> Pineapple juice, coconut syrup, Bacardi Spiced Rum, shaken over ice and garnished with mixed berry syrup	<b>80</b>
<b>APEROL SPRITZ</b> Martini Prosecco and Aperol, charged with soda water	<b>102</b>	<b>MOSCOW MULE</b> Vodka, a spicy Stoney Ginger Beer and lime juice, garnished with a lime wedge	<b>92</b>



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# BEERS

DRAUGHTS	500ml
HAPPY LAGER	46
CBC AMBER WEISS	56
CBC RASPBERRY KRYSTAL WEISS	56
CBC PALE ALE	58
BLACK LABEL	46
CASTLE LITE	54
CASTLE LAGER	49
LEFFE	70
STELLA ARTOIS	58
GUINNESS	65
WINDHOEK LAGER	46
HEINEKEN	56
HOEGAARDEN	67
BOTTLED	
BUDWEISER	42
CORONA	48
HEINEKEN 0.0	35
CORONA CERO	35



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# REKORDERLIG

REKORDERLIG 330ml  
Strawberry-Lime / Mango-Raspberry

63



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CIDERS

HUNTER'S DRY	43
HUNTER'S GOLD	43
SAVANNA DRY	47
SAVANNA LIGHT	47
SAVANNA 0.0	47
Non-alcoholic	

SPIRIT COOLERS

FLYING FISH LEMON	43
AMSTEL RADLER	43
SMIRNOFF STORM	43
BRUTAL FRUIT RUBY APPLE	43
BERNINI BLUSH	43



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# SPIRITS & LIQUEURS

## GIN

BOMBAY BRAMBLE	34
BOMBAY SAPPHIRE	34
CRUXLAND KALAHARI TRUFFLES	38

## TEQUILA

CAZADORES BLANCO	36
CAZADORES REPOSADO	41
PATRÓN SILVER	54
PATRÓN REPOSADO	65

## DIGESTIF

JÄGERMEISTER	37
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## VODKA

CRUZ	35
GREY GOOSE	60

## APERITIF

MARTINI FIERO	28
APEROL	32

## LIQUEUR

AMARULA	35
CARVO CARAMEL	35

## BRANDY

KWV 3 YEAR OLD	28
KWV 5 YEAR OLD	30
RICHELIEU	31
KLIPDRIFT PREMIUM	32
KWV 10 YEAR OLD	37

## WHISKY

DEWAR'S 12 YEAR OLD	37
DEWAR'S 15 YEAR OLD	52
JOHNNIE WALKER BLACK	45
WILLIAM LAWSON'S	33
BAIN'S	34
JACK DANIEL'S	40
JAMESON	42
TEELING SMALL BATCH	39
AULTMORE 12 YEAR OLD	82

## COGNAC

D'USSE	82
HENNESY VS	60

## RUM

BACARDI SPICED	30
BACARDI CARTA BLANCA	30
BACARDI 4 AÑEJO	41
RED HEART	28



Dewar's 12 Year Old

Teeling Small Batch Whiskey

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# SOFT DRINKS

<b>MIXERS 200ml</b>	28
COCA-COLA / COCA-COLA ZERO SUGAR / SODA WATER LEMONADE / TONIC WATER / DRY LEMON / GINGER ALE / TONIC	
<b>CANS 300ml</b>	30
COCA-COLA / COCA-COLA ZERO SUGAR / FANTA ORANGE CREAM SODA / SPRITE	
<b>BOS ICE TEA</b>	36
PEACH / LEMON	
<b>TISERS</b>	43
APPLETISER / GRAPETISER	
<b>WATER 500ml</b>	30
MINERAL WATER STILL / SPARKLING	
<b>RED BULL ENERGY DRINKS</b>	43
REGULAR / SUGARFREE / WATERMELON	
<b>MILKSHAKES</b>	62
STRAWBERRY & MARSHMALLOW / COOKIES & CREAM / LIME	
<b>DOM PEDROS &amp; IRISH COFFEES</b>	
	<b>Single / Double</b>
PEPPERMINT / AMARULA / KWV 5 YEAR OLD / JAMESON	64 / 84

# SUPER SHAKES

MARSHMALLOW POP	115
TRIPLE CHOCOLATE BOMB	115
CARAMEL DELUXE	115







### **BLOUBERG**

**BLOUBERG@HAPPYFOLKS.CO.ZA | 021 554 9709**

Shop 57C, Eden on the Bay, Cnr Big Bay Boulevard, Big Bay, Cape Town, 8001.

### **STELLENBOSCH**

**STELLENBOSCH@HAPPYFOLKS.CO.ZA**

Paradyskloof Centre, Corner R44 & Blaauwklippen Rd, Stellenbosch, Cape Town, 7600.

### **KLOOF STREET**

**COMING SOON**