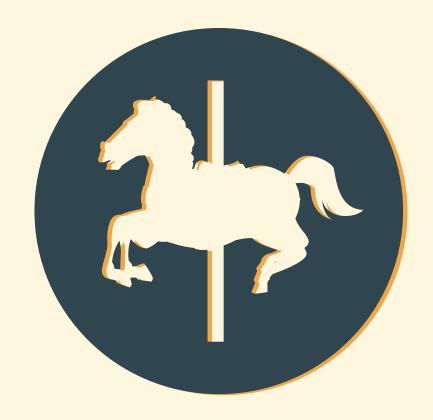
HAPPY FOLKS

DRINK · EAT · PLAY



GET IN TOUCH ABOUT **FRANCHISE OPPORTUNITIES: FRANCHISE@WESTCOASTGROUP.CO.ZA**



STARTERS

CHILLI CHEESE FRIES [V] Smothered in cheese sauce and chilli	64
CHEESE CROQUETTES [V] Deep-fried, filled with cheese, and served with sriracha mayo	70
ZUCCHINI FRIES [V] Deep-fried zucchini strips, coated in panko crumbs, and served with sriracha mayo	74
TUNA BITES Crispy rice paper topped with tuna, avocado and sriracha mayo, drizzled with a sweet soy sauce	76
CRISPY CHICKEN TENDERS Peri-peri chicken served with a blue cheese dressing	84
Prawn, avocado, cucumber, carrot, red onion, and lettuce, wrapped in rice paper, and served with a sweet soy sauce	84
PORK SPRING ROLLS Deep-fried pulled pork spring rolls served with a sweet chilli sauce	86
LAMB CROQUETTES Slow-cooked lamb and mozzarella balls, coated in	92

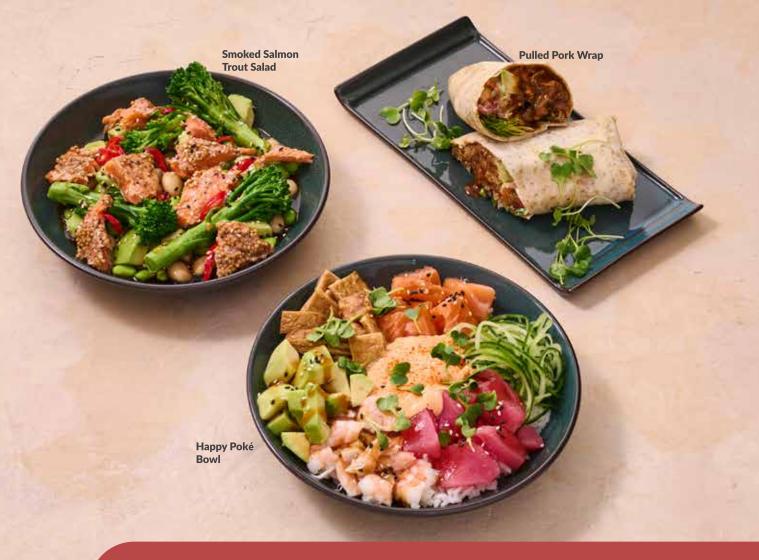
panko crumbs, deep-fried, and served with sriracha mayo

SAUTÉED PRAWNS

Tossed in chilli, garlic, and lemon butter

98

NACHOS 116 Nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa **GRILLED CHICKEN** 138 Grilled chicken, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa 142 **BEEF** Beef, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa 146 **PULLED PORK** Pulled pork, nacho chips, pizza cheese, guacamole, jalapeños, sour cream and salsa



SALADS

HAPPY POKÉ BOWL

Salmon, tuna, bean curd, prawn, avocado, cucumber, sesame seeds, seven spice and rice, served with sriracha mayo and a sweet soy sauce

JALAUJ			
COBB Mixed greens, grilled chicken, tomatoes, corn, red onions, avocado, red pepper, and blue cheese dressing	142		
BIRDIE GREEN Mixed greens, grilled chicken, bacon, crispy onions, feta, cucumber, tomatoes, red onions, and honey mustard dressing	146	WRAPS	
SMOKED SALMON TROUT Smoked salmon trout, edamame beans, butter beans, broccoli, chilli and avocado, sprinkled with sesame seeds and drizzled with teriyaki sauce	182	SERVED WITH CHIPS OR SALAD PULLED PORK BBQ pulled pork, caramelised onions, feta, cherry tomatoes, avocado, lettuce and mayo, in a	116
BOWLS		wholewheat wrap SPICY CHICKEN CAESAR	122
TUNA POKÉ BOWL Tuna, edamame beans, ginger, avocado, radish,	158	Fried chicken, bacon, croutons, cheese, lettuce and spicy mayo, in a wholewheat wrap	
cucumber, sesame seeds, nori, spring onion, caviar, seven spice and rice, served with sriracha mayo and a sweet soy sauce		STEAK & AVO Steak strips, rocket, avocado, cherry tomatoes, red pepper, caramelised onions, lettuce and sweet mayo, in a wholewheat wrap	132
TEMPURA PRAWN POKÉ BOWL Tempura prawn meat coated in sriracha mayo, edamame beans, ginger, avocado, cucumber, sesame seeds, nori, spring onion, seven spice and rice, served	170	тауо, тта wholewheat wrap	

178



SUSHI

CLASSIC

VEGETARIAN GINGER ROLL (4) [V] Inside-out roll with pickled ginger, bean curd, cucumber, avocado, and red pepper	54	FASHION SANDWICHES (4) Rice sandwiches with layers of avocado and Japanese mayo, available with either prawn or salmon filling	84
BEAN CURD NIGIRI (3) [V] Deep-fried tofu, filled with rice and topped with Japanese mayo and sesame seeds	54	SALMON ROSES (3) Salmon-wrapped rice and avocado, garnished with Japanese mayo and caviar	94
SPICY TUNA & AVOCADO ROLL (4) Inside-out roll with spicy tuna and avocado, topped with sesame seeds	68	PLATTERS ROYAL FLUSH	286
PRAWN & AVOCADO ROLL (4) Inside-out roll with prawn and avocado, topped with sesame seeds	68	Teriyaki rainbow roll (3) Happy roll (3) Spicy tuna & avocado roll (4) Salmon roses (3)	
PHILADELPHIA ROLL (4) Inside-out roll with salmon, cream cheese, and cucumber, topped with sesame seeds	74	Crunch roll (3) FULL HOUSE Salmon roses (3) Prawn & avocado roll (4)	392
HAND ROLL Seaweed cone filled with rice, cucumber, avocado, and either prawn or salmon, topped with Japanese mayo an sesame seeds	76	Rock shrimp tempura roll (3) Philadelphia roll (4) Fashion sandwiches (4) Volcano roll (3)	



SIGNATURE SUSHI

SIGNATURE 5 PIECES / 10 PIECES

TERIYAKI RAINBOW ROLL 85 / 170

Salmon, avocado, and sushi rice, topped with salmon, Japanese mayo, sweet soy sauce, caviar, seven spice, and sesame oil

HAPPY ROLL 89 / 178

Tempura prawn and avocado roll, topped with ebi prawns, sweet soy sauce, sriracha mayo, and tempura crunch

CRUNCH ROLL 84 / 168

Tuna, cream cheese, seven spice, spring onion, and sweet chilli mayo

5 PIECES / 10 PIECES

VOLCANO ROLL

88 / 176

Deep-fried prawn, guacamole, cream cheese, salmon, caviar, sesame seeds, and a sweet mayo dressing

FRIED FUTOMAKI ROLL

87 / 174

Deep-fried futomaki with salmon, tuna, avocado and cream cheese, topped with teriyaki and sriracha mayo, crispy glass noodles, seven spice, sesame oil, and spring onion

ROCK SHRIMP TEMPURA

99 / 198

Spicy tuna roll, topped with a tempura prawn, sriracha mayo, spring onions, seven spice, and sesame seeds



PI77A

PLAIN JANE [V] Mozzarella, tomato	122	THE OUTSKIRT Pulled pork, bacon, caramelised onions, mushrooms, chilli. mozzarella	168
SPICY CHICKEN	158	musin ooms, chini, mozzarena	
Grilled chicken, onion, feta, peppers, peri-peri sauce, mozzarella		BIANCA [V] Halloumi, black mushrooms, truffle oil, rocket, mozzarella	168
SWEET AMERICANO	158	100Ket, 11102241 C114	
Pepperoni, spicy honey, mozzarella		PARMA	188
LOS ANGELES Bacon, feta, avocado, mozzarella	160	Parma ham, tomatoes, basil pesto, mozzarella	
THE ROOSTER Chicken, bacon, mushrooms, red pepper, sweet chilli, mozzarella	162		



BURGERS

SERVED WITH ANY SIDE & ONION RINGS

BEEF	
HAPPY Beef patty, pickles, onions, ketchup, smokey mayo	122
THE CHEESY Beef patty, cheese, pickles, onions, ketchup, smokey mayo	128
SMOKEY JOE Beef patty, cheese, caramelised onions, ketchup, smokey mayo	140
GREEN CHILLI Beef patty, chilli relish, cheese, pickles, onions, ketchup, smokey mayo	142
PORKIES Beef patty, bacon, cheese, pickles, onions, ketchup, smokey mayo	148
CHICKEN Option of BBQ-grilled or Southern	n-Fried
CHIC CHIC Chicken breast, cheese, pickles, onions, ketchup, smokey mayo	114
нот сніс	128

134

Chicken breast, peri-peri, pickles, onions, ketchup, smokey mayo

Chicken breast, pickles, onions, guacamole, chipotle salsa, ketchup, smokey mayo

TEX-MEX

GREENS

THE PLANT [V] Plant-based patty, pickles, onions, chipotle salsa	136
QUEEN [V] Halloumi cheese, caramelised onions, sun-dried tomatoes, rocket, sweet chilli, ketchup, smokey ma	146
SLIDERS TRIO Happy, Chic Chic, Porkies	134
THE BIG STARS	
SHROOMS Beef patty, mushrooms, cheese, pickles, onions, ketchup, mushroom sauce, smokey mayo	150
TURF & TURF Beef patty, pulled pork, caramelised onions, sriracha mayo	152
THE BRUNCH Beef patty, cheese, fried egg, bacon, fried onions, pickles, ketchup, smokey mayo	156
PESTO BESTO Chicken breast, basil pesto, rocket, pickles, onions, sun-dried tomatoes, sweet chilli, ketchup, smokey mayo	158
B.F.G Beef patty, bacon, guacamole, feta, pickles, onions, ketchup, smokey mayo	168
PULLED PORKIES Beef patty, pulled pork, bacon, cheese, pickles, onions, ketchup, smokey mayo	172



MAINS

FISH & CHIPS

ALL SERVED WITH YOUR CHOICE OF SIDE

200g grilled or deep-fried hake, served with tartar sauce	100
CHICKEN BAKE Breaded chicken breast covered in mozzarella, tomato, and basil sauce	136
FRIED CALAMARI 250g Deep-fried calamari strips in a savoury salt-and-pepper crust, served with tartar sauce	150
PERI-PERI CHICKEN SKEWERS 300g Three chicken skewers marinated in a spicy peri-peri sauce with sun-dried tomatoes, served with onion rings	152
LEMON BUTTER PRAWNS 8 butterflied prawns, grilled in a lemon butter sauce	202
PRAWN CURRY Prawn meat and vegetables in a coconut curry sauce, served with sticky rice	192
PORK RIBS 600g Grilled pork ribs, basted in BBQ sauce, served with onion rings	280

SALMON TERIYAKI 250gAn expertly seared salmon steak, drizzled with

teriyaki sauce and sesame seeds

COMBOS

and tartar sauce

136

294

ALL SERVED WITH YOUR CHOICE OF SIDE

HAKE & CALAMARI Fillet of hake and deep-fried calamari, served with tartar sauce	196
SIRLOIN & CALAMARI 250g sirloin steak basted in BBQ sauce, and deep-fried calamari, served with onion rings and tartar sauce	248
PRAWNS & CALAMARI 8 medium grilled prawns and deep-fried calamari, served with tartar sauce and lemon butter	262
SURF & TURF TRIO 250g sirloin steak basted in BBQ sauce, 4 prawns and deep-fried calamari, served with onion rings	308



STEAKS

SIRLOIN STEAK 250g 184 RUMP STEAK 300g 204 FILLET STEAK 250g 268 RIBEYE STEAK 350g 268

ALL SERVED WITH YOUR CHOICE OF SIDE

SPECIALTY STEAKS

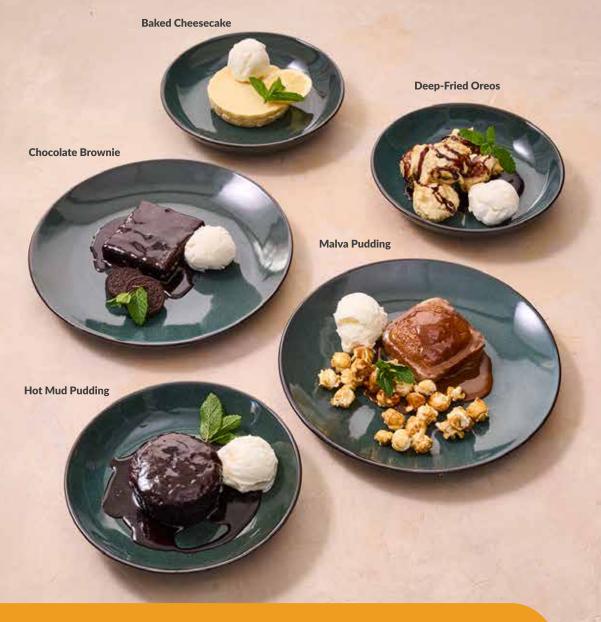
ROYALE STEAK 250g	214
Sirloin steak basted in BBQ sauce, topped with a slice of	of
cheese and mushroom sauce, served with onion rings	

SHRIMP & STEAK 250g 226 Sirloin steak basted in BBQ sauce, topped with cheesy garlic shrimp, served with onion rings

PEPPER STEAK 300g	236
Rump steak coated in crushed black pepper, flambéed	in
brandy, served with onion rings	

SAUCES

GRAVY DIP	27
CHEESE [V]	29
PEPPER [V]	29
MUSHROOM [V]	29
SIDES	
CHIPS [V]	33
SWEET POTATO CHIPS [V]	35
ONION RINGS [V]	35
CRISPY SMASHED POTATOES [V]	37
VEGETABLES [V]	41
GREEN SALAD [V]	41



DESSERTS

Tomato base, mozzarella and oregano

DEEP-FRIED OREOS Served with ice cream and chocolate sauce	/4	BAKED LEMON CHEESECAKE Served with ice cream	/4
CHOC BROWNIES Chocolate, nutty fudge brownie, served with ice cream	74	HOT MUD PUDDING A rich moist chocolate pudding, steam baked to perfection, covered with chocolate sauce and	74
MALVA PUDDING A moist apricot sponge cake, drizzled with vanilla sauce and served with ice cream	74	served with ice cream	
KIDDIES MEALS ONLY FOR KIDS 12 YEARS OLD AND UN	NDER		
CHICKEN STRIPS Chicken strips served with chips	72	ICE CREAM & CHOCOLATE SAUCE Ice cream served with chocolate sauce & sprinkles	36
CALAMARI STRIPS Calamari strips served with chips & tartar sauce	72	CHOCOLATE BROWNIE & ICE CREAM Chocolate brownie served with vanilla ice cream	44
FISH BITES Fish nuggets served with chips	74	MILKSHAKES Chocolate / Strawberry / Vanilla / Lime	35
GRILLED BURGER Two mini chicken or beef burgers served with chips	76	CAPPY JUICE (200ML) Apple / Orange	24
MARGHERITA PIZZA	80		



STORES

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Shop 57C, Eden on the Bay, Cnr Big Bay Boulevard, Big Bay, Cape Town, 8001.

STELLENBOSCH STELLENBOSCH@HAPPYFOLKS.CO.ZA

Paradyskloof Centre, Corner R44 & Blaauwklippen Rd, Stellenbosch, Cape Town, 7600.

KLOOF STREET COMING SOON

DINING GUIDELINES

CORKAGE: Corkage is charged at R45 per bottle. Only wine is permitted, no spirits, liqueurs, or hard

liquor allowed. A maximum of 1 bottle per person is allowed, with a total maximum of 10

bottles per bill.

ALLERGENS: Our dishes may contain allergens, including nuts, gluten, dairy, shellfish, and other common

allergens. If you have any dietary restrictions or allergies, please inform your server before ordering. While we take precautions, cross-contamination may occur in our kitchen.

SERVICE FEE: A standard service fee of 10% will be added to tables of 8 or more guests. This

ensures that our staff can continue providing excellent service. Additional gratuity is

always appreciated.